

NOVEMBER / DECEMBER 2023

YOUTH CHALLENGE

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 YELP & ACT FITNESS @ YC 11am-12:30pm @ YC, Westlake	2 Top Golf Fundraiser	3 KINDNESS COMMITTEE VIRTUAL MEETING 1:30-2pm @ Zoom	4
5	6 VIRTUAL FITNESS 6-7pm @ Zoom	7 VIRTUAL GAME NIGHT 8-9pm @ Zoom	8 YELP & ACT FITNESS @ YC 11am-12:30pm @ YC, Westlake	9 ACT Nature Walk 11am-12pm @ Clague Park, Westlake VIRTUAL SPORTS TALK 6-7pm @ Zoom	10	11
12	13 VIRTUAL DISABILITY EMPOWERMENT SERIES 6-7pm @ Zoom	14 YP4YC, YELP & ACT FRIENDSGIVING 6-7:30pm @ YC, Westlake	15 YELP & ACT FITNESS @ YC 11am-12:30pm @ YC, Westlake	16	17 VIRTUAL CHECK-IN/ PEER SUPPORT 1:30-2:30pm @ Zoom	18
19	20	21	22	23 HAPPY THANKSGIVING!	24	25
26	27 VIRTUAL FITNESS 6-7pm @ Zoom	28 VIRTUAL GAME NIGHT 8-9pm @ Zoom	29 YELP & ACT FITNESS @ YC 11am-12:30pm @ YC, Westlake	30 ACT & YELP Improv 6-7:30pm @ YC, Westlake	1 KINDNESS COMMITTEE VIRTUAL MEETING 1:30-2pm @ Zoom	2
3	4 VIRTUAL DISABILITY EMPOWERMENT SERIES 6-7pm @ Zoom	5	6 YELP & ACT FITNESS @ YC 11am-12:30pm @ YC, Westlake	7 ACT & YELP Improv 6-7:30pm @ YC, Westlake	8	9
10	11 VIRTUAL FITNESS 6-7pm @ Zoom	12 VIRTUAL GAME NIGHT 8-9pm @ Zoom	13 YELP & ACT FITNESS @ YC 11am-12:30pm @ YC, Westlake	14 VIRTUAL SPORTS TALK 6-7pm @ Zoom	15 VIRTUAL CHECK-IN/ PEER SUPPORT 1:30-2:30pm @ Zoom	16 HOLIDAY SHOW 2pm @ Near West Theatre, Cleveland