

Main Office—800 Sharon Drive—Westlake, OH 44145

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Alumni Virtual Programs: [www.YouthChallengeSports.com/YCAlumni](http://www.YouthChallengeSports.com/YCAlumni)

**REGISTRATION KEY**

**BLUE—Fitness @ YC, pre-registration required**

**RED—Social and Recreational Programs**

**GREEN—Virtual Programs**

**GOLD—ACT leadership camping trip, limited spaces available**

**BLACK—ACT Advocacy Opportunities**

**PURPLE—YELP Programs**

Visit **YOUTHCHALLENGESPORTS.COM**

for more information including program descriptions, locations & maps, activity updates, and cancellations/relocations.

**SEPTEMBER 2023**

**YOUTH CHALLENGE**

SUN	MON	TUES	WED	THURS	FRI	SAT
	4 <b>LABOR DAY</b> YC OFFICES CLOSED	5 <b>VIRTUAL GAME NIGHT</b> 8-9pm @ Zoom	6 <b>YELP &amp; ACT FITNESS @ YC</b> 11am-12pm @ Westlake, YC	7	8 <b>VIRTUAL KINDNESS COMMITTEE</b> 1:30-2:30pm @ Zoom	9
10 <i>Berea Arts Fest</i>	11 <b>VIRTUAL FITNESS</b> 6-7pm @ Zoom	12 <b>YELP Camping Prep</b> 6-7:30pm @ YC, Westlake	13 <b>YELP &amp; ACT FITNESS @ YC</b> 11am-12pm @ Westlake, YC	14  <i>Reel Abilities Film Festival @ Baldwin Wallace, 6-8pm</i>	15	16
17	18 <b>"LET'S TALK ABOUT..." DISABILITY EMPOWERMENT SERIES</b> 6-7pm @ Zoom	19 <b>YELP Camping Prep</b> TBD @ YC, Westlake	20 <b>YELP &amp; ACT FITNESS @ YC</b> 11am-12pm @ Westlake, YC	21 <b>VIRTUAL SPORTS TALK PODCAST</b> 6-7pm @ Zoom	22	23 <b>ACT ADVOCACY: MARCH FOR ACCESS</b> 10-1pm @ Public Square, Cleveland
24	25 <b>VIRTUAL FITNESS</b> 6-7pm @ Zoom	26 <b>VIRTUAL GAME NIGHT</b> 8-9pm @ Zoom	27 <b>YELP &amp; ACT FITNESS @ YC</b> 11am-12:30pm @ Westlake, YC	28 <b>ACT METROPARKS MEET-UP: Fall Photography &amp; Hike</b> 11am-12:30pm @ Rocky River Nature Center	29 <b>VIRTUAL CHECK-IN/ PEER SUPPORT</b> 1:30-2:30pm @ Zoom	30 <b>YELP CAMPING TRIP</b>

OCTOBER 2023

# YOUTH CHALLENGE

SUN	MON	TUES	WED	THURS	FRI	SAT
1 YELP CAMPING TRIP	2 VIRTUAL FITNESS 6-7pm @ Zoom	3 VIRTUAL GAME NIGHT 8-9pm @ Zoom	4 YELP & ACT FITNESS @ YC 11am-12:30pm @ Westlake, YC	5	6 VIRTUAL KINDNESS COMMITTEE 1:30-2:30pm @ Zoom	7
8	9 ACT CAMPING TRIP/ OVERNIGHT @ Cuyahoga Valley National Park  *Meet @ YC at 11am	10 ACT CAMPING TRIP/ OVERNIGHT @ Cuyahoga Valley National Park  *Pick up from YC at 12pm	11	12 VIRTUAL SPORTS TALK PODCAST 6-7pm @ Zoom	13	14
15	16 VIRTUAL FITNESS 6-7pm @ Zoom	17	18 YELP & ACT FITNESS @ YC 11am-12:30pm @ Westlake, YC	19	20	21 ACT SOCIAL: CHEER ON TEAM YC AT SOCCER SHOWDOWN vs Empower Sports 10-12pm @ St. Mary's Berea
22	23 "LET'S TALK ABOUT..." DISABILITY EMPOWER- MENT SERIES 6-7pm @ Zoom	24 VIRTUAL GAME NIGHT 8-9pm @ Zoom	25 YELP & ACT FITNESS @ YC 11am-12:30pm @ Westlake, YC	26 ACT/YP4YC Sunset Walk 5:30-6:45pm @ Lakewood Park	27 VIRTUAL CHECK-IN/ PEER SUPPORT 1:30-2:30pm @ Zoom	28
29	30	31 Happy Halloween!				

<b>YC PROGRAM STAFF</b>  <b>CONTACT INFO</b>	<b>Lisa Friel</b> Alumni Engagement Manager lfriel@youthchallengesports.com	<b>Sara Steimle</b> Alumni Program Coordinator ssteimle@youthchallengesports.com	<b>Gabby Bova</b> Alumni Program Associate gabbybova1@gmail.com	<b>Sean Walker</b> Alumni Program Associate seanbrowns18@gmail.com
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