

APRIL 2023

YOUTH CHALLENGE

SUN	MON	TUES	WED	THURS	FRI	SAT
2	3	4 VIRTUAL GAME NIGHT 8-9pm @ Zoom	5 ACT FITNESS @ YC 11am-12pm @ YC, Westlake PASSOVER	6	7 GOOD FRIDAY	8
9 EASTER	10 VIRTUAL FITNESS 6-7pm @ Zoom	11	12 ACT FITNESS @ YC 11am-12pm @ YC, Westlake ADAPTED SPORTS TALK 6-7pm @ Zoom	13	14 KINDNESS COMMITTEE 1:30-2:30pm @ Zoom	15
16	17 "LET'S TALK ABOUT..." DISABILITY EMPOWER- MENT SERIES 6-7pm @ Zoom	18 VIRTUAL GAME NIGHT 8-9pm @ Zoom WOOTHIE WORKSHOP #1 4-5:30pm @ YC, Westlake	19 ACT FITNESS @ YC 11am-12pm @ YC, Westlake GARDENING @ YC 12-1pm @ YC, Westlake	20	21	22 Annual Benefit @ Music Box, CLE
23	24 VIRTUAL FITNESS 6-7pm @ Zoom	25 ACT/YELP SPORTS NIGHT (led by YP4YC) 5:30-7pm @ Studio West, CLE	26 ACT FITNESS @ YC 11am-12pm @ YC, Westlake GARDENING @ YC 12-1pm @ YC, Westlake ADAPTED SPORTS TALK 6-7pm @ Zoom	27	28 VIRTUAL CHECK-IN/ PEER SUPPORT 1:30-2:30pm @ Zoom	29
30				REGISTRATION KEY		

BLUE—Fitness @ YC, pre-registration required

RED—YELP/ACT Social and Recreational Programs (in-person)

GREEN—VIRTUAL Programs (open to alumni community + friends)

PURPLE—Mentoring Opportunities (application required)

PINK—Alumni Social and Recreational Programs (in-person)

MAY 2023

YOUTH CHALLENGE

SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2 VIRTUAL GAME NIGHT 8-9pm @ Zoom WOOTHIE WORKSHOP #2 4-5:30pm @ YC, Westlake	3 ACT FITNESS @ YC 11am-12pm @ YC, Westlake GARDENING @ YC 12-1pm @ YC, Westlake	4	5 KINDNESS COMMITTEE 1:30-2:30pm @ Zoom	6 ADAPTED OUTDOOR SPORTS TRY-IT EVENT 10am-noon @ Carlisle Reservation (Lorain County)
7	8 VIRTUAL FITNESS 6-7pm @ Zoom	9 ACT/YELP MENTORING OPPORTUNITY 5:30-7pm @ YC, Westlake	10 ACT FITNESS @ YC 11am-12pm @ YC, Westlake GARDENING @ YC 12-1pm @ YC, Westlake ADAPTED SPORTS TALK 6-7pm @ Zoom	11 KINDNESS COMMITTEE (in-person workshop) 11am-12:30pm @ Westlake, YC	12	13
14	15 "LET'S TALK ABOUT..." DISABILITY EMPOWERMENT SERIES 6-7pm @ Zoom	16 VIRTUAL GAME NIGHT 8-9pm @ Zoom WOOTHIE WORKSHOP #3 4-6pm @ YC, Westlake	17 ACT FITNESS @ YC 11am-12pm @ YC, Westlake GARDENING @ YC 12-1pm @ YC, Westlake	18	19	20
21	22 VIRTUAL FITNESS 6-7pm @ Zoom	23 ACT ADAPTED HIKING 11am-1pm @ Iron Springs, Garfield Reservation	24 ACT FITNESS @ YC 11am-12pm @ YC, Westlake GARDENING @ YC 12-1pm @ YC, Westlake ACT/YELP SOCIAL: BASEBALL SHOWDOWN (CHEERING) 4-5:30pm @ Clague Park ADAPTED SPORTS TALK 6-7pm @ Zoom	25	26 VIRTUAL CHECK-IN/ PEER SUPPORT 1:30-2:30pm @ Zoom	27
28	29 MEMORIAL DAY	30 VIRTUAL GAME NIGHT 8-9pm @ Zoom	31 ACT FITNESS @ YC 11am-12pm @ YC, Westlake GARDENING @ YC 12-1pm @ YC, Westlake			

YC PROGRAM STAFF CONTACT INFO	Lisa Friel Alumni Engagement & DEI Manager lfriel@youthchallengesports.com 440-655-1934	Sara Steimle Alumni Program Coordinator ssteimle@youthchallengesports.com	Gabby Bova Alumni Program Associate gabbybova1@gmail.com	Sean Walker Alumni Program Associate seanbrowns18@gmail.com
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