

# THE ABC'S OF YC: WINTER/SPRING THINGS

Read on for descriptions of programs happening at YC this season, **LISTED IN ABC ORDER!**

## Registration Key

BLUE—preference to West Side participants (ages 8-18)

RED—preference to Lorain County participants (8-18)

GREEN—preference to East Side participants (8-18)

ORANGE—program for Crazy Kampers (4-8) from east, west and Lorain

PURPLE—program for YELP participants (16-25)

GOLD—Paralympic program for Team YC athletes

BLACK—no geographic restrictions (but transportation may be limited)

*\*PLEASE NOTE PROGRAM RESTRICTIONS*

+Denotes programs during **SPRING INTO SERVICE MONTH** where EVERY activity will have some kind of service-oriented spin! It's in celebration of National Volunteer Week, April 19-25 AND because **everyone has the ability** to help someone in need!

## **A**



### Adapted Sports Experience

Join us and our friends from [University School](#) for a day filled with sports and swimming!

*\*as this program is run by US, it will NOT be open to YC volunteers—just participants!*

### Archery & Photography

We'll learn the basics of shooting bows & arrows AND shooting pictures at this outdoor program. Artists AND athletes welcome!

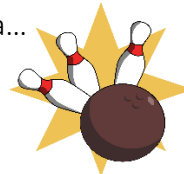
## **B**

### Boccia

Be a part of one of YC's Paralympic Teams. You'll have the chance to develop your skills AND even compete in the Endeavor Games in Indiana.

### Bowling (Lorain and East)

We hope this program's right up your ALLEY! STRIKE up some fun and hit the lanes with YC! We'll SPARE you the puns and stop now, but you get the idea...



## C

### Cinematography & YC Film Fest

Lights, camera, action! This program puts YOU in the director's chair. You'll be writing, directing, producing, and acting in your own movie...to be debuted at the final week's Film Festival!

*\*NOTE: all participants and volunteers MUST be able to attend ALL FIVE WEEKS in order to participate*

### Comic Creations

Our friend, John G, from [Progressive Arts Alliance](#) will lead us in a 5-week program where we'll learn the basics of story-telling through comics and create our own comic anthology!

*\*NOTE: all participants and volunteers MUST be able to attend ALL FIVE WEEKS in order to participate*



### Creative Constructions+

STOP—HAMMER TIME! We'll spend 4 weeks designing, building, and racing pine cars and constructing other things so you can all leave saying, "NAILED it!"

### Crosstown Showdown

*See March Madness*

## D

### Day of Dance



Put on your dancing shoes and get ready to bust a move! Our friends from [Kibler Dance Academy](#) will lead us in a day-long, spirit-filled dance competition!

## E

### Edible Engineering

Whoever said you shouldn't play with your food never came to a YC program! Join us for some creative competition and take a BITE out of life!

## G

### Goalball

Be a part of (another) one of YC's Paralympic Teams. You'll have the chance to develop your skills AND even compete in the Endeavor Games in Indiana. For athletes with visual impairments.

## Golf

Are you ready FORE some fun?? Hit the greens with our friends from [The Turn](#) and develop your short game.

## H

### Hockey+

Hit the ice with the YC Gang!

## J

### Jewelry Making

We'll be making jewelry, duh! 😊 You'll leave this program being the envy of all your friends and the best-accessorized person in town!



## K

### Kitchen Science+

Cook up some fun with your YC friends! Learn some culinary basics and the science behind food.

## Krazy Kamp

It's a program so crazy we don't even spell it right!

*\*For participants age 4-8*

Monthly activities include:

### January—Winter WOO-onderland

The weather outside is frightful, but at YC it's so delightful! Warm up with some indoor, winter-themed fun!

### March—March Madness Sports Day

Kick it in the gym with your favorite friends for sports galore and more!

### April—Spring into Service Day+

Joined by our friends at [Caring Cubs](#) we'll be doing a service project to help those in need.

### May—Art Fest

Everyone's an artist at this fun-filled arts extravaganza!



### March Madness Basketball (East and West) and Crosstown Showdown

HOOP, there it is! Join us for the spring's most popular (and competitive) program! Over the course of 4 weeks you'll develop your b-ball skills, bond with your teammates, and practice on the court against the competition.

The program will culminate in our annual bracket-style Crosstown Showdown competition on March 21 where ONE TEAM will take home the coveted YCAA TROPHY, a piece of the net, and bragging rights for the year. This program is a SLAM DUNK!

### Music Madness

This program for music lovers is sure to hit all the right notes!



## O

### Outdoor Sports

Join us in the great outdoors for some competitive fun in the spring sun.

## P

### Pep Squad



Warm up your spirit fingers and get ready to roar! You'll be practicing cheers and making signs for our YC basketball teams.

*\*must be able to attend the Crosstown Showdown on 3/21 in order to participate*

### Pottery Party

Help us make and glaze press plates to sell at this year's Annual Benefit!

## S

### Service Day+

We'll be joining forces with our friends from **Protiviti** and **Rise Against Hunger** to create meal kits to be sent all over the world and help those with limited access to food.

### Silly Sports (East and Lorain County+)

Get goofy with the YC Gang at a program that will certainly live up to its name!



### Skiing

Hit the slopes with our friends from [3Trackers](#).

*\*NOTE: open to participants with good trunk control and VETERAN volunteers who are proficient skiers or snowboarders*

### Sports Around the World+

Experience the wide world of sports! Cricket, croquet, bocce and more--we'll do it all...and MORE!

### Strength Training

It's time to pump...you up! Lift those weights and tone those muscles in YC's fitness center!

### Swimming

Make a SPLASH with your YC friends!

## T

### Teamwork Makes the Dream Work

You've heard the phrase before, now we'll put it into action! Join us for two great weeks of fun-filled team-building activities.

## W

### WOO-orld Series Baseball

Teams will come together to compete in a baseball tournament like no other! End the spring season YC-style at this HOME RUN program!



## Y

### YELP: Youth Empowerment & Leadership Program

#### Monthly Programs & Peer Support

*Participants 16-25 and volunteers 16 or older*

#### January—Fun 'n Games

We're hitting up Main Event to STRIKE up some fun with bowling and arcade games.

#### March—March Madness Sports Night

Have a BALL with the YC Gang. Join us in the gym for some competitive fun!

#### April—Spring into Service Night+

We'll be working on a service project planned and run by YC's Volunteer Committee.

#### May—Picnic in the Park

Celebrate the end of spring with...you guessed it...a picnic in the park!



Join us for weekly discussion sessions designed to equip you with strategies and resources to address the various topics and life-issues young adults of *all* abilities face.

*\*Participants AND volunteers must be able to attend the MAJORITY of these sessions in order to participate.*

Please contact us with any questions  
**(440) 892-1001**

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