

**YOUTH CHALLENGE  
VITAL INFORMATION, MEDICAL HISTORY & MEDICAL RELEASE**

Youth Challenge activities are designed to serve children and young adults (up to age 25) with physical disabilities. Individuals must have a physical disability (i.e. cerebral palsy; spina bifida; muscular dystrophy; amputee, orthopedic, visual, or hearing impairment) and must be able to participate in age-appropriate activities. **Youth Challenge currently does not serve children with a transmittable disease, or children who have a cognitive, behavioral, or emotional disability that prevents them from succeeding in Youth Challenge programs.**

Name of Participant \_\_\_\_\_  
 Date Completed \_\_\_\_\_ Age \_\_\_\_\_ Grade (if summer, grade in fall) \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ (city) \_\_\_\_\_ (state)  
 County \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_  
 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Sex (circle) M F  
 Physical Disability \_\_\_\_\_  
 School (name & city) \_\_\_\_\_

<b>Mother/Guardian</b>		
Name _____		
Address _____		
_____		
City	State	Zip
e-mail address _____		
Employer _____		
Home phone _____		
Work Phone _____		
Cell Phone _____		

<b>Father/Guardian</b>		
Name _____		
Address _____		
_____		
City	State	Zip
e-mail address _____		
Employer _____		
Home phone _____		
Work Phone _____		
Cell Phone _____		

<b>In case parents or guardians cannot be reached in an emergency...</b>	
<i>Emergency Contact #1</i> (name & relationship to participant) _____	
Home Phone _____	Cell Phone _____
<i>Emergency Contact #2</i> (name & relationship to participant) _____	
Home Phone _____	Cell Phone _____
<i>Preferred Physician</i> _____	Phone Number _____
<i>Preferred Dentist</i> _____	Phone Number _____
<i>Preferred Hospital</i> _____	City of Preferred Hospital _____
<i>Insurance Company</i> _____	Policy Number _____

## Statement of Present Health

**EQUIPMENT:** Please check all that apply

- manual wheelchair    power wheelchair    needs assistance pushing wheelchair  
 crutches or cane    walker    eyeglasses/contacts  
 hearing aid    braces or AFO    prosthesis  
 able to walk alone    able to walk with minimal assistance    dependent on others to transfer

COMMENTS (include comments on coordination, if applicable): \_\_\_\_\_

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**PERSONAL CARE:** Please answer all questions by checking YES or NO

- |                                |                |                               |                                   |
|--------------------------------|----------------|-------------------------------|-----------------------------------|
| Needs to be lifted onto toilet | YES ___ NO ___ | Has a Tracheotomy             | YES ___ NO ___                    |
| Bowel Control                  | YES ___ NO ___ | Uses a Catheter               | YES ___ NO ___                    |
| Bladder Control                | YES ___ NO ___ | <input type="checkbox"/> Self | <input type="checkbox"/> Assisted |
| Needs Toilet Reminders         | YES ___ NO ___ | Has a Feeding Tube            | YES ___ NO ___                    |
| Wears diapers                  | YES ___ NO ___ |                               |                                   |

COMMENTS: \_\_\_\_\_

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**LANGUAGE AND COMMUNICATION:** Please check all that apply

- Has difficulty speaking    Has difficulty being understood    Uses communication board  
 Uses sign language    Uses eyes for yes and no    No communication needs

COMMENTS: \_\_\_\_\_

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**EATING HABITS:** Please check all that apply

- Needs to be fed    Needs help drinking (i.e. special cup, straw, ect.)  
 Difficulty swallowing    Special diet, food restrictions \_\_\_\_\_

COMMENTS: \_\_\_\_\_

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**CURRENT MEDICATIONS OR TREATMENTS:** Please list any medications (name, amount, and time administered) and treatments required while your child is at Youth Challenge programs.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Name of Therapist:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**ALLERGIES** (food, insect bites/stings, etc.): YES \_\_\_ NO \_\_\_ Explain: \_\_\_\_\_

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**SPECIAL INTERESTS AND SKILLS** (e.g. hobbies, musical interests, sports, drama, etc.) \_\_\_\_\_

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**MEDICAL HISTORY:** Please check all that apply and explain

- Asthma \_\_\_\_\_
- ADD/ADHD \_\_\_\_\_
- Autism/Asperger's Syndrome/PDD \_\_\_\_\_
- Dizziness or fainting \_\_\_\_\_
- Broken bones \_\_\_\_\_
- Unable to read \_\_\_\_\_
- Transmittable disease \_\_\_\_\_
- Shortness of breath \_\_\_\_\_
- Abnormal blood pressure \_\_\_\_\_
- Heart trouble (murmur, palpitation, pounding heart) \_\_\_\_\_
- Nervousness \_\_\_\_\_
- Mental impairment \_\_\_\_\_
- Head injury \_\_\_\_\_
- Behavioral concerns \_\_\_\_\_
- Emotional or psychological concerns \_\_\_\_\_
- Epilepsy or seizures \_\_\_\_\_
- Other \_\_\_\_\_

**Has your child ever been seen by a psychologist/psychiatrist? If yes, please describe why and when.** \_\_\_\_\_

**Please describe any other medical conditions or concerns not listed above:** \_\_\_\_\_

**MEDICAL VERIFICATION AND EMERGENCY INSTRUCTIONS**

**I certify that the information included herein is complete and accurate to the best of my knowledge.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**IN CASE OF EMERGENCY**, take the following action (select only one of the following boxes):

**I hereby grant my consent** to transfer my child to \_\_\_\_\_ (preferred hospital) or the nearest clinic, and call me or, in the event I am unable to be reached, the emergency contacts listed on the front of this medical release form. Follow the instructions of the attending physician.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

**I do not give my consent** for emergency medical treatment of my child. In the event of illness or injury requiring emergency treatment, TAKE NO ACTION and call me or, in the event I am unable to be reached, the emergency contacts listed on the front of this medical form. Or follow this procedure:

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

## YOUTH CHALLENGE RELEASE OF LIABILITY

The undersigned understands, recognizes, and assumes the inherent risks associated with Youth Challenge's athletic and recreation programs, including the risks associated with transporting participants and volunteers to programs and related activities. In consideration for being permitted to participate as either a participant or volunteer in the recreational programming of Youth Challenge, the undersigned releases, waives, discharges and covenants not to sue Youth Challenge, its trustees, employees, agents, other volunteers, other participants, and if applicable, sponsoring agencies, advertisers, and owners or lessors of premises that host recreational programs from any and all liability arising out of any injury resulting from my child's participation.

In the event there is a need for emergency medical treatment for the minor participant or volunteer and the undersigned cannot be reached, the undersigned consents to and assumes the financial responsibility for such emergency treatment.

Lastly, the undersigned grants permission for the taking of pictures and videos and the release of general information about the minor participant or volunteers for use in media outlets or publications whatsoever, without there being any liability on the part of Youth Challenge, its employees, trustees, or agents.

**I have read the above waiver and release, understand that I give up substantial rights by signing it and sign it voluntarily.**

\_\_\_\_\_  
Parent or Legal Guardian and relationship

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Legal Guardian and relationship

\_\_\_\_\_  
Date

Printed name of parent(s) or Legal Guardian: \_\_\_\_\_  
\_\_\_\_\_

Printed name of participant: \_\_\_\_\_